



Sustaining Hope

Christopher is one of 240 participants *who come to High Hopes each week to ride, drive a carriage, or spend time in our unmounted equine learning program.* 🌿

*High Hopes is a place where people like Christopher heal, learn, grow, and find unconditional acceptance.*

🌿 *We strive to provide support for all of our participants, families, and caregivers.*



# Why your contribution to High Hopes is critically needed:

EACH YEAR over 1500 individuals are served by High Hopes Therapeutic Riding. Their ages range from a four year old diagnosed within the Autism spectrum, to a thirty year old Iraq war vet, to an eighty year old with advancing physical and mental deterioration.

What they all share is the support they receive from you. Caring for 27 horses on a 120 acre facility with a professional staff who are leaders in the field of therapeutic riding is costly. High Hopes relies heavily on volunteer manpower and in-kind donations to keep the costs low. But the reality is that High Hopes must subsidize 60% of the cost of every rider's participation and this is met through contributed income.

*High Hopes is committed to improving the quality of life for children and adults with physical, emotional and cognitive disabilities by offering them the healing benefits of equine assisted therapies and activities, regardless of financial means.*

# *There are many ways to contribute:*

## Support A Rider

A \$1500 contribution to High Hopes Support A Rider program will help cover the actual cost for one rider's participation in a 12 week semester of lessons. Twelve weeks that will make a difference and lead to life enhancing improvements.

## Adopt A Horse

You can adopt a High Hopes horse with a contribution of \$500 or more. Your Adopt A Horse donation helps pay for hay, grain, shoes, supplements and medication for our loyal therapy horses. A plaque bearing your name will be placed on your adopted horse's stall, and you will receive an update regarding your horse during the year.

## Pledges

Spread out over several months and we can either bill your credit card automatically each month or we can send you quarterly reminders. All pledges must be fulfilled by June 30, 2015.

## Gifts of stock

Gifts of stock are effective ways of contributing to High Hopes. A donation of stock provides the donor with a tax deduction on the full present value of the appreciated security, regardless of the cost.

## Gifts in honor or in memory

A donation in this manner is a meaningful way of celebrating the holidays, honoring a birthday, remembering a loved one or thanking a friend or neighbor for a special deed.

*For more information about supporting High Hopes, please contact:*

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# This Year at High Hopes

8,525 *Equine Assisted Activities and Therapy Sessions*

1,775 *People served*

31,000 *Volunteer hours donated*

50% *of Riders received scholarships*

HIGH HOPES THERAPEUTIC RIDING, INC.

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