



HIGH HOPES
Therapeutic Riding, Inc.

A Tradition of Excellence in Therapeutic Riding, Inc.

Menu of High Hopes Services

Mounted Activities

- Therapeutic Riding- Group Lesson
- Therapeutic Riding- Private Lesson
- Carriage Driving- Group Lesson
- Carriage Driving- Private Lesson
- Community Lesson- Group
 - Able-bodied kids and adults
- Community Lesson- Private Lesson
 - Able-bodied kids and adults

Unmounted Activities

- Equine Learning Program (ELP)- Group Lesson
 - Unmounted work- grooming/leading
- ELP- Private Lesson
 - Unmounted work- grooming/leading
- Inclusive Equine Leadership Program (IELP)
 - Pre-teen/teen age youth who participate in a small group format to learn more about horse care with the possible long term goal of volunteering in the future
- Equine Facilitated Psychotherapy (EFP)
 - In collaboration with outside clinicians and their clients

Special Programs

- Field Trips
- Pony Power Visits (offsite visits with a horse)
- Birthday Parties
- Summer Camp
- Horse Sense (Camp experience for Norwich & New London Youth)
- Immersion (In collaboration with L&M hospital- young kids with sensory needs)
- Clinics
- Facility Rentals
- Veterans Program
- Special Group Programs (i.e. Safe Futures/Cove Center)

36 Town Woods Road, • Old Lyme, CT 06371

860.434.1974 • Fax 860.434.3723 • www.highhopestr.org



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Training & Education

- Instructor Training Course (ITC)
- Equine Specialist in Mental Health Learning (ESMHL)
- On-Site Workshop (OSWC)
- Certification On Demand
- Advanced Preparatory Workshop
- Mentor Training Workshop
- Evaluator Training
- Volunteer Management Workshop
- Therapy Horse Workshop
- Sensory Integration & Autism Workshop
- Business Development & Administrative Workshop
- Winter Lecture Series

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